

Cynulliad Cenedlaethol Cymru  
 Y Pwyllgor Plant, Pobl Ifanc ac Addysg  
 Gwaith dilynol ar yr adroddiad Cadernid Meddwl  
 MOM: 30  
 Ymateb gan: Cymdeithas Cwnsela a Seicotherapi  
 Prydain

National Assembly for Wales  
 Children, Young People and Education Committee  
 Follow-up on the Mind over Matter report  
 MOM 30  
 Response from: British Association for Counselling &  
 Psychotherapy

<b>School counselling</b>			
<b>Recommendation 6 (2018).</b> That the Welsh Government assess the quality of the statutory school counselling available, not least how the service copes with increasing demand, tackles stigma and meets the needs of children and young people. This should include consideration of providing counselling support online and outside lessons/school, and for those younger than 11 years old.			
<b>RAG status</b>	<b>Why have you given this RAG status?</b>	<b>Where, realistically, should we be by April 2021?</b>	<b>What needs to be done to get us there?</b>
amber	BACP has advised Welsh Government on the roll out of SBC in Wales since 2009 and attend the Counselling Network meetings in an advisory capacity. Our engagement in this and ongoing discussions with members and accredited services shows that there are ongoing concerns about waiting times for counselling in some geographical areas.	<ul style="list-style-type: none"> <li>• Greater understanding re the waiting lists in some areas (resource/demand issue?)</li> <li>• Consistency in recording outcome measures to better look at trends and impact</li> <li>• Online counselling provision delivered in line with guidelines and good practice developed by ACTO (Association of Counselling and Therapy Online)</li> </ul>	<p>Share good practice re approaches that work well around waiting lists.</p> <p>BACP Research department to offer data analysis on CORE outcomes</p> <p>Continue to develop counselling provision for year 6 upwards, striving for consistency across Wales for this age group before considering a national roll out</p>

		<ul style="list-style-type: none"><li>• Consideration of funding primary school counselling, ensuring even earlier intervention, within a pilot area</li></ul>	with younger primary aged children  Highlight the impact of counselling to reduce the strain on more specialist CAMHs provision across Wales
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